

The Impact of Health Education Videos on Toddler Toilet Training Skills

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Abstract

This study aims to determine the impact of animated video screenings on toddler toilet training skills. Conducted at PAUD Aljundi, the research utilized a pre-experimental design with a one-group pre- and post-test approach. The population included all toddlers in the PAUD Aljundi within the working area of Puskesmas Lempuing. Thandra sampling technique was accidental sampling, with a sample size of 30 toddlers. Primary data were collected through the intervention of toilet training video screenings provided to PAUD children, with their urination and defecation abilities assessed using a questionnaire answered by parents. The results of the paired sample T-test showed a significant effect, with a Sig (2-tailed) value of $0.000 < \alpha 0.05$, indicating a substantial influence of toilet training videos on the toileting skills of toddlers at PAUD Aljundi. Pediatric nurses can fulfill their role as educators and health promoters by providing toilet training using video media. This training should be conducted after ensuring that the child meets readiness criteria, highlighting the need for readiness screening before initiating toilet training in toddlers.

Keywords

Toddler, Toilet, Training, Video, Health Education