

## Preface

This Abstract Book of MEDLIFE2024 & ICBLS2024 is composed of the abstracts of the 2024 9th International Conference on Health, Medicine and Life Sciences (MEDLIFE2024) and 2024 10th International Conference on Biology and Life Sciences (ICBLS2024). According to the similarity among the topics of MEDLIFE2024 and ICBLS2024, MEDLIFE2024 was held in conjunction with ICBLS2024 on November 24-26, 2024.

MEDLIFE2024 and ICBLS2024 serve as an optimal platform for specialists, scholars and researchers in the field related to health, medicine, biology and life sciences to facilitate academic communications and exchange ideas. These abstracts demonstrate the richness of interdisciplinary approaches, theories, models and applied research presented.

Major themes of the conferences include:

**Health:** Health Science, Mental Health, Healthy Diet, Human Nutrition, Physical Exercise, Health Care, Epidemiology, Pharmacology, Medical Sociology, Applied Health Sciences, Biomedical Engineering, Public Health, etc.

**Biology:** Cell Biology, Biogeography, Aerobiology, Biochemistry, Biomechanics, Bioengineering, Bioinformatics, Molecular Biology, Biomedical Research, Environmental Biology, etc.

**Life Sciences:** Bioethics, Botany, Zoology, Genetics, Food Science, Biotechnology, Health Sciences, Bio-engineering, Microorganisms, Medicine, Biomedicine, etc.

**Medical Sciences:** Anatomy, Medical Ethics, Biology and Genetics, Microbiology, Biophysics and Physics, Neurology, Dentistry, Oncology, Dermatovenerology, Ophthalmology, Otolaryngology, etc.

We thank all authors for their scientific contribution to MEDLIFE2024 and ICBLS2024 and look forward to having the opportunity to showcase and disseminate your research.

Sincerely,

MEDLIFE2024 and ICBLS2024 Organizing Committees